

“The Words”

We say the words we *feel* are true  
but all that spreads from me to you  
and you to me  
are lies.

Do feelings lie? Or, are  
they only part of Truth?  
For when I think I've said it all,  
I see that I've got more to say,  
much more to uncover, to reveal, to learn,  
before I've reached the truth.

Words, by themselves, fail to express what  
we dare to say. We need our feelings and our sight,  
though never our ego! It may  
lead us here, then there, far astray  
into a darkness of suffering.  
We'll feel and then we'll see  
but never know the truth while in this  
darkened place, until we die, until the ego falls,  
oftentimes from words we've said.

This we learn, that  
words can hurt or can enlighten  
they are the swords we wield in life.  
They can inflict great wounds  
or help us stand with courage.  
They can spread wisdom, too.  
Yet, to use one's sword thus  
is so much harder.  
We must use it wisely, with Truth in hand.  
Our feelings must stand aside,  
yet remain near and dear.

With respect for these, our feelings, our  
deepest truths are then allowed to rise,  
to speak their words-

and there comes Wisdom forth  
where no blood spills  
no blood is shed,  
only Light.

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